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Clinical Psychology and Psychotherapy as a Science
An Iconoclastic Perspective

This book demonstrates how clinical psychology and psychotherapy practices may reach a scientific level provided they change the three basic paradigms that have controlled those practices in the last century. These three, now outdated, paradigms, are: (1) one-on-one (2) personal contacts (3) through talk. These paradigms have served well in the past but they are no less helpful in the current digitally focused world.

Features
► Offers a practical critique of current psychotherapy delivery ► Provides guide for evidence-based practice ► Shows how clinical psychology and psychotherapy practices, paradigms, may reach a scientific level

Contents

Fields of interests
Clinical Psychology; Psychotherapy and Counseling

Target groups
Research

Discount group
Professional Non-Medical

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► approx. $129.00

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Partner Violence
A New Paradigm for Understanding Conflict Escalation

As domestic violence continues to be a focus of social and psychological concern, two basic contradictory viewpoints endure: one rooted in male power dynamics, the other maintaining that both genders use and are victimized by violence. Although both sides have their merits, neither has adequately answered the crucial question: What causes conflict to escalate into violence? Partner Violence: A New Paradigm for Understanding Conflict Escalation adds a third, escalation-focused paradigm to the debate, addressing the limitations of the two dominant perspectives in a comprehensive scholarly approach.

Features
► Provides a broad, comprehensive theoretical infrastructure for understanding, addressing, and preventing partner violence ► Synthesizes and analyzes the leading research and identifies its limitations ► Presents a progressive, interactive and dynamic approach as a basis for advanced theory and research in partner violence

Contents
Preface.- Gender Differences in Aggressive Tendencies.- Dominance and Control.- Partner Violence as a Rational Choice.- Partner Violence as Planned Behavior.- The Process Leading to Partner Violence.- Partner Conflict Dynamics Throughout Relationship Periods.- Partner Conflict Dynamics.- Observation Units of Partner Violence.- Gender Differences in Escalatory Intentions.- Observations about the Third Paradigm.

Fields of interests
Personality and Social Psychology; Criminology & Criminal Justice; Medicine/Public Health, general

Target groups
Research

Discount group
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